

# Northern Light Espresso Bar

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## BREAKFAST

### Egg & Cheese Sandwich

We bake the egg with scallions, roasted red peppers, and pepper jack cheese served on a baking powder biscuit. Add bacon.

### Yogurt Parfait

Low fat yogurt mixed with fruit concentrate and topped with fresh fruit and served with granola.

### Toasted Bagel

Add cream cheese or butter and jelly.

### Baked Goods

A selection of scones, muffins, crumb cake, coffee rolls, croissants, and pain au chocolate.

## SALADS

### Northern House Salad

Organic spring mix, blue cheese, roasted red peppers, cucumbers, glazed walnuts, and croutons served with our house made balsamic vinaigrette. (Vegetarian)

### Chicken Caesar Salad

Café baked chicken breast and served them over a bed of romaine topped with parmesan cheese, croutons and our house made Caesar dressing.

### Spinach Darby Salad

Organic spinach, feta cheese, raisins, almonds, cucumbers and our house made red wine vinaigrette. (Vegetarian)

### Turkish Tabbouleh (New)

Bulgur wheat, cucumbers, yellow bell pepper and harissa served with a small side salad of field greens, cucumber, and tomato wedges with red wine vinaigrette (Vegan)

## SANDWICHES

### Turkey Pesto Sandwich

Roasted Turkey breast, fresh mozzarella, tomato, lettuce, and pesto mayo on a Ciabatta roll.

### Northern Grinder (New)

Ham, Genoa salami, provolone, garlic aioli, shredded lettuce and oil and vinegar with a side of hot cherry peppers.

### Curried Chicken Salad on Pita

Baked chicken breast tossed with mayo, apricot preserves, curry, celery, raisins and cashews and served with spring mix on a whole wheat pita.

## QUICHE

Prepared Daily. Eggs, milk, cheese and some additional goodies in a pie shell. We change it up every day.

## WRAPS

### Chickpea Wrap

Chickpeas, black olives, green olives, red onion, and organic spring mix. (Vegan)

### Chicken Salad Wrap

Our chicken salad has been a favorite in downtown for more than 6 years. Café baked chicken breast, mayonnaise, celery, apples, dill and parsley. Simple and delicious.

## SOUPS AND CHILIS

Soup and chili is served daily during the cooler months of the year.

## TREATS

An assortment of all your favorites including chocolate chip, oatmeal raisin, peanut butter cookies, brownies, bars, and more.